

Reflection

The Ascension of our Lord

June 1, 2025

Acts 1:1-11

This text describes the ascension of Jesus and the commissioning of his disciples to spread the Gospel, starting in Jerusalem and extending to the ends of the earth.

Before ascending, Jesus promises, "You will receive power when the Holy Spirit comes upon you, and you will be my witnesses." Jesus does more than just assign them a task; He empowers them to complete it. We also have the Holy Spirit, though we sometimes forget about this, especially when we are overwhelmed by the demands of life, religion, justice, or love. But we aren't alone. The Spirit prepares us to be witnesses not only in the church but also in our families, businesses, and communities. It is the Spirit who enables us to overcome our sadness, self-centeredness, and cowardice, and he allows us to speak boldly about Jesus even when we are unsure how the message will be received. And, equally crucial, the Spirit instills such excitement in our hearts that it must spill over into our interactions. Ask the Holy Spirit to fill you with joy and fearlessness.

Let us not waste our lives staring at the sky, waiting for God to act while ignoring the mission He has assigned us. Let us be a people with feet firmly planted on the ground, ready to witness, serve, and go wherever the Spirit leads.

