

# REFLECTION

November 30, 2025

## Advent week 1

Romans 13.11-14

In this brief but powerful text, St. Paul awakens us up with urgency: "You know what time it is." He reminds us that Christ's constant presence in our lives calls us to be spiritually awake.

Moreover, "Put on the Lord Jesus Christ" is more than just a metaphor; it is the essence of Christian transformation. Clothing impacts how we move and feel, and Christ shapes our aspirations, choices, and attitudes. This "putting on" is a daily practice of abandoning behaviors that weaken our spirit and embracing the virtues that reveal Christ in us: patience, purity, gentleness, self-control, and compassion.

Paul asks us to set aside the actions of the night or the routines that lead us away from God or dull our conscience. Instead, we must arm ourselves with the weapons of light: prayer, truth, charity, forgiveness, humility, and vigilance against the impulses that would lead us astray from God's way. Advent reminds us that the Christian life is about being ready for the joy of Christ's coming rather than fearing condemnation. As we progress through Advent, this passage serves as our compass: stay alert, cast off darkness, live in the light, and put on Christ. The One we seek is already near, and his coming provides hope that transforms everything.