

REFLECTION

Ascension Sunday, Year A, May 17th 2026

Ephesians 1:17-23

Today we remember that forty days after the Resurrection, Jesus returned to the Father not to leave us behind, but to remain with us in a new way, filling the world with His presence and love.

Ascension faith is not only the belief that Christ has gone to heaven; it is the conviction that because He reigns in glory, we must now see everything in the light of His victory. That is why Paul prays that the eyes of our hearts may be opened. Ascension, therefore, completes the Resurrection. The risen Christ is not simply alive again; He is exalted above every earthly and spiritual authority. Every throne, empire, power, ideology, and force is ultimately beneath Him.

This passage invites us to acknowledge that Christ is actively reigning, encouraging us to place our trust in His power even when faced with turmoil and uncertainty. It urges us to embrace a perspective where our true lives are deeply connected with Him in glory, motivating us to live with hope and confidence regardless of the challenges that surround us.

