

REFLECTION

13th Sunday in Ordinary Time, Year A, June 28th 2026

Psalm 89

Today, we reflect on Psalm 89, which states, "Forever I will sing of your steadfast love, O Lord; with my mouth I will proclaim your faithfulness to all generations." (Psalm 89:1).

This psalm encourages us to ground our lives in one of the fundamental truths of our faith: God is always faithful, even in times of uncertainty. The psalmist firmly believes that God's love is not temporary or reliant on our circumstances; it endures forever. There are times when God's blessings are clear and evident. For instance, the birth of a child, a recovery from illness, a successful harvest, or a new beginning can all make it easy to sing, "Forever I will sing of the Lord's faithfulness." However, there are also moments filled with grief, disappointment, financial difficulties, family conflict, or the loss of a loved one. During difficult times, we may find ourselves questioning, "Lord, where is your faithfulness?" However, Psalm 89 teaches us that faith means choosing to trust in God's promises, even when we cannot yet see their fulfillment. Every Mass is a celebration of that faithfulness. We gather not because life is always easy, but because God has never abandoned His people. He continues to nourish us with His Word and with the Body and Blood of Christ, renewing His covenant with us.

Let us embrace the words of the psalm: "Forever I will sing of the Lord's faithfulness." May these words be on our lips during both joyful times and moments of sorrow, as well as in times of certainty and periods of doubt.