

# REFLECTION

**16th Sunday in Ordinary Time, Year A, July 19, 2026**

Scripture: *Matthew 13:33*

My reflection is on the parable that states, "The kingdom of God is like yeast that a woman took and kneaded into three measures of flour. Eventually, the entire mass of dough began to rise."

Yeast works quietly and transforms the loaf from within. Similarly, the Kingdom of God often grows quietly in our hearts and communities. In the same way, God's work is usually not dramatic or immediate; it unfolds through simple acts of faith, love, and perseverance. In the modern world, we are frequently drawn to things that are outstanding and successful right. We assess outcomes by looking at numbers, popularity, and outward accomplishments. Jesus, however, reminds us that God's approach is distinct. A simple prayer, a kind word, forgiveness after a disagreement, or a hidden act of charity may seem small, but these are the "yeast" that God uses to transform lives. Christians are meant to be a transformative presence in society. By living lives characterized by honesty, compassion, justice, humility, and hope, we contribute to bringing the values of God's Kingdom into our homes, workplaces, schools, and communities.

Let us ask the Lord for the humility to trust His quiet work, the patience to wait for His timing, and the courage to be the yeast that helps build His Kingdom wherever we are.

