REFLECTION

1st Sunday of Advent

Scripture: Psalm 80

Psalm 80 is a moving prayer of God's people as they seek His compassion, care, and restoration. It expresses the pain of those who feel abandoned and are longing for God's presence and intervention. The psalmist repeatedly cries out to God, saying, "Restore us, O God; let your face shine upon us, that we may be saved."

This psalm reminds us that when we face hardships, disappointments, or spiritual challenges, we should never lose confidence in God's mercy. God is portrayed as a loving shepherd who guides, protects, and cares for His people. Just as a shepherd knows his sheep, leads them to safe pastures, and keeps them from harm, God knows each of us personally. He understands our struggles, fears, and weaknesses. Therefore, we must trust Him to lead our lives, for we cannot journey safely and successfully through life without His guidance and protection.

Therefore, let us pray that Christ may restore what is broken in our lives and strengthen our commitment to follow Him. During this Advent, may Christ heal our relationship with God, bring peace to our families and hearts, free us from sin, and renew our faith when we are discouraged.

