

Reflection
Thirteenth Sunday Ordinary Time
June 30, 2024

13th Sunday Mark 5.21-43

Do you approach the Lord Jesus with expecting faith or skepticism?

In this week's story, we learn how people in terrible or helpless situations were not disappointed when they turned to Jesus. Jesus gives such individuals hope, saying, "Take heart, daughter!" He demonstrates personal concern for others' needs, as well as a willingness to heal and restore life.

Most of us are disabled or handicapped in some form. We have eyeglasses, dental braces, hearing aids, and other assistive devices. Sometimes we go through Sickness, loss of loved ones, relationship issues, financial struggle, emotional anguish, family strife, religious persecution, natural calamities, and work difficulties. However, we need to understand that suffering is both a cause and a result of pain, and it encompasses symptoms like anxiety, impatience, wrath, fear, despair, frustration, guilt, shame, loneliness, hopelessness, and helplessness. Even so, we must recognize that, while pain is unavoidable, suffering is optional. Let us be patient with God in the face of all this. But most importantly, involve Jesus in our struggles. Bring your desperation and emptiness to Jesus and let him fill you.